

Elaine Gunnell

From: Patrick Cormier
Sent: Wednesday, December 7, 2016 11:58 AM
To: Ellen Ibey; 'Ron Prefasi'
Cc: Roxanne St. Germain; Elaine Gunnell
Subject: RE: Strength training machine for Fitness Centre

Hello everyone, we will add this to next week's Council agenda.

Sincerely,

Patrick Cormier, Dipl.M.A.
CAO
Municipality of Temagami

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From: Ellen Ibey [mailto:elibey@temagamifht.ca]
Sent: Wednesday, December 7, 2016 9:59 AM
To: 'Ron Prefasi' <ron.yourvoicematters@gmail.com>; Patrick Cormier <cao@temagami.ca>
Cc: Roxanne St. Germain <frontdesk@temagami.ca>
Subject: RE: Strength training machine for Fitness Centre

Good morning,

Thanks so much for copying me on this email and for your support in purchasing this equipment. We've had requests from existing members and potential new members about the addition of such equipment so I have no doubt that it would increase memberships and subsequently fitness centre revenue.

Thank you very much for your consideration.

I look forward to your decision.

Take care and have a wonderful day.

Ellen

From: Ron Prefasi [mailto:ron.yourvoicematters@gmail.com]
Sent: December-06-16 3:45 PM
To: Patrick Cormier
Cc: Ellen Ibey; visit@temagami.ca
Subject: Strength training machine for Fitness Centre

Hi Pat,
I received the following in an email from Ellen Ibey concerning her wish to purchase a strength training machine for the Fitness Centre at the Family Health building. I have not met Ms. Ibey yet, but have been looking over the figures for the past two years and it doesn't seem that the Fitness Centre has received much from the community.



For 2016, there is \$3,000 in the budget and \$675 has been spent to date. This leaves a shortfall of \$2899 for a strength training machine. I understand that you have the authority to move funds within a budget in order to address issues of some timely importance -- and with the New Year coming, along with many resolutions to "get back into shape", it is timely to have the Fitness Centre acquire a machine which we can use to garner increased use of the facility as early as possible in the New Year. This kind of exercise machine for strength training is also particularly important in an ageing population as it promotes upper body strength and helps fight loss of bone density.

I recognize that we can budget for it in 2017, but by the time the budget is approved by council that window of opportunity to attract new members due to the acquisition of that "certain machine" to support their New Years Resolution will be long gone. An opportunity missed.

Given that the Parks and Recreation actuals will assuredly come in under that which was budgeted for 2016, my request to you is that together we do whatever can be done in order to accommodate Ms. Ibey's request within the 2016 budget.

If this is not within your authority, could you please have it added to the agenda for next week's meeting and I will ask for council's approval to allow Ms. Ibey to proceed with plans to add the strength machine to the Fitness Centre programming package as soon as is possible. Since the inception of the Fitness Centre a strength training machine is something which they have been waiting for.

From Ellen Ibey's email to me:

"One thing the fitness centre is missing is a strength training machine. I've had our maintenance person do some measurements to see if the space could accommodate a multi-stack system (specifically the one pictured) and it will. I've attached the quote on this particular piece of equipment for your consideration. This would accommodate two people being able to work out at the same time as it has two independent stacks of weights."

I have also attached the quote for your consideration. Hopefully Pat we can get this done.

Thanks,

Ron